

Touch of Youth

“Refine and Rejuvenate”

by appt. at
Nurturing Touch Day Spa
39040 Sky Canyon Dr. #111
Murrieta, CA 92563
951-445-4292

Services are medically supervised
by Dr. C. Stewart
and offered by
Kaye Smith, RN
951-445-4292
Medical Esthetic Nurse Specialist

Skin Care

When you look in the mirror, do you feel your skin is as soft and fresh as you want it to be? As we age, our skin's renewal process slows down, causing congestion and dead skin layers making our skin look dehydrated and tired. There is something you can do about it! We offer many solutions for many skin problems to help you look your radiant best.

IPL Services

Imagine waking up every morning with smooth, hair-free skin and not having to shave, pluck, wax or bleach unwanted hair. With IPL hair removal at Touch of Youth, your dream can become a reality. Hair removal is available for the entire body. IPL is the next generation of Laser. IPL treatments improve age spots, sun aged skin, brown pigmentation, mild scars, redness due to broken capillaries and rosacea, enlarged pores and dull complexions. IPL is also a good solution for anyone afflicted with acne. Treatments help eliminate the bacteria that causes acne and helps clear up the skin. IPL improves both the superficial and deeper skin layers. Treatments help restore a more youthful appearance with little or no downtime and little discomfort. Pricing chart available.

Sclerotherapy

You can wear shorts and bathing suits again. Sclerotherapy is used to remove those unsightly spider veins appearing on your legs. The procedure is practically painless and long lasting. Two or more sessions may be needed, but you will see amazing results with the first session.

Botox (Allergen) – Wrinkle Removal

A safe and effective way to erase worry lines, crow's feet, and deep forehead furrows. The results are smooth skin over the treated area with normal facial expressions unaffected. Results obtained are extremely positive.

Why Choose Touch of Youth over other treatment options?

Touch of Youth uses the Quadra Q4 Platinum IPL machine. Laser resurfacing and deep chemical peels often send clients into hiding, as they wait for the redness and swelling to clear up. Face lifts and other surgical procedures are far too invasive for younger clients such as the "baby boomer" generation who simply wants to look better without recovery or downtime.

The Quadra Q4 platinum provides a range of treatment programs suitable for skin rejuvenation and allows the operator to select a program, which favors reductions of discolored blemishes or spider veins, or skin discoloration while generally improving skin tone, pore size and fine lines and wrinkles.

In conjunction with the use of the **Zimmer**, a cooling machine, these procedures can be done quickly with little if any discomfort.

Kaye Smith is a Registered Nurse. She graduated with honors from the University of Michigan with a Bachelor Degree in Nursing and later completed her Masters of Science, with concentration in Health Care Services with honors from Central Michigan University. Kaye received recognition with a membership in Sigma Theta Tau, the international Honor Society of Nursing.

Kaye has been in Nursing for 22 years. Kaye has an avid interest with continuing education. She received her Certification in Medical Esthetics through the Esthetic Skin Institute.

Through her honest approach to patient care and desire to educate her patients in all aspects of their treatments, Kaye looks forward to helping clients have a highly comfortable and rewarding experience in seeking that **Touch of Youth**.

Services Available

-Pharmaceutical Grade Skin
Care Products

-IPL Permanent Hair Removal

-IPL Fotofacials (skin
rejuvenation)

-Sclerotherapy

-Medaliner

-Botox

Coming Soon:

Levulin

*Skin Rejuvenation

*IPL Face \$250 per session

*IPL Hands \$80 per session

*IPL FND \$400 per session

*IPL Hair Removal

*minimum of 3 sessions

*Face \$25 - \$200 per session

*Arms \$80 - \$350 per session

*Trunk \$60 - \$400 per session

*Legs \$80 - \$600 per session

Sclerotherapy \$175 per ½ hour

Botox \$10 per unit

***Purchase any 4 IPL sessions and receive the 5th
one free.**

*Sessions must be of equal value to receive the 5th
free.

*****GIFT CERTIFICATES AVAILABLE*****